

Lunch Menu for all RSD 14 Elementary Schools Lunch Price \$2.70

Milk Price - \$.50

May 2019

Fueling Our Students Daily

Monday thru Friday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Alternate Lunches Bagel & Yogurt or String Cheese Plate Cereal & Yogurt or String Cheese Plate Chef Salad Plater Deli Bar Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p> <p>All lunches are served with a choice of fruit, vegetable, corn & bean salad and Milk-- 1%, Skim or fat free flavored Take at least 3 food groups for a healthy meal: Fruit or Vegetable or both Whole Grain Food Lean Protein Dairy</p>			<p>[1] Brunch for Lunch Hash Brown Potatoes Sausage Links</p>	<p>[2] "BOAR'S HEAD Deli DAY" Deli meats with assorted toppings Garden Salad</p>	<p>[3] Stuffed Crust Pizza Romaine Lettuce Salad</p>
	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>
	<p>[6] Chicken Tenders Steamed Broccoli Cuts</p>	<p>[7] Mac & Cheese Steamed Broccoli Bread Stick</p>	<p>[8] Nachos & Cheese Green Beans Brown Rice</p>	<p>[9] "BOAR'S HEAD Deli DAY" Deli meats with assorted toppings Garden Salad</p>	<p>[10] Stuffed Crust Pizza Romaine Lettuce Salad</p>
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<p>A La Carte Entrée: \$2.50 A La Carte Fruit & Veg: \$0.75 Bottle Water \$0.50 Fruit Juice: \$0.50 Ice Cream \$0.80 - \$2.00 Snack Items: \$0.50 - \$2.00 Chips, ice cream or frozen fruit bars</p>	<p>[13] Baked Chicken Breast Nuggets Bread Stick Steamed Carrots Mashed Potatoes</p>	<p>[14] Hot Dog on a Bun Baked Beans Oven Potatoes</p>	<p>[15] Italian Comb Platter 4 Mozzarella Sticks 3 Breaded Ravioli Sauce Blended Calif Veggies</p>	<p>[16] "BOAR'S HEAD Deli DAY" Deli meats with assorted toppings Garden Salad</p>	<p>[17] Pizza Romaine Lettuce Salad</p>
	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>
<p>Breakfast is now being served Mon-Fri</p> <p>The Food Service Department is looking for substitute help in our Cafeterias. Please contact Peter Brooks at 203-263-3190</p>	<p>[20] Chicken Patty on a bun Steamed Broccoli Cuts Potato Puffs</p>	<p>[21] Grilled Cheese Sandwich Blended Calif Veggies Oven Baked Fries</p>	<p>[22] Brunch for Lunch Whole Wheat French Toast Sticks Hash Brown Potatoes Sausage Links</p>	<p>[23] "BOAR'S HEAD Deli DAY" Deli meats with assorted toppings Garden Salad</p>	<p>[24] Pizza Romaine Lettuce Salad</p>
	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>	<p>Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored</p>
	<p>[27] No School Memorial Day</p>	<p>[28] Hamb or Cheeseburger on a bun Steamed Sweet Corn Sweet Potato Fries L&T</p>	<p>[29] Manager's Choice</p>	<p>[30] "BOAR'S HEAD Deli DAY" Deli meats with assorted toppings Garden Salad</p>	<p>[31] Stuffed Crust Pizza Romaine Lettuce Salad</p>
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Menu Subject to Change without Prior Notice

This institution is an equal opportunity provider

