



September 12, 2014

Dear Parent and Guardians,

Bethlehem Elementary School is pleased to announce that we will be providing a breakfast option for your children beginning **Thursday, September 25th**. Students will be able to choose a grain (packaged muffin, bagel, or mini-pancake), a fruit and a dairy product (ie: carton of milk or string cheese). Please see attached menu.

This is NOT in place of the snack you will still supply for your child(ren) which students eat mid-morning. In Kindergarten and First grade, students typically have their snack at 9:15-9:30 since they have the earlier lunch shift (11:15), so they may not want to have breakfast so close to lunch.

Some students, usually the older children, do not like to eat breakfast first thing in the morning. As research has demonstrated, eating breakfast is a healthy way to begin our day and is an opportunity to give our students the fuel they need for their morning instruction.

Breakfast will be offered at no cost to students who qualify for free or reduced lunch and \$1.50 for all other students. Students can either bring in money or use their PIN to purchase breakfast with their card already in the cafeteria.

Children who participate in this program will pick up their "Grab and Go" breakfast when they arrive at school and go right to their classrooms. They will eat their breakfast during the first 10 minutes of classroom time when they are getting ready for their day.

If you have any questions, please contact me!

Best,

Susan Ruddock