



Region 14 Schools
Inspiring Excellence

Save the Date - Field Day 2019
When: Friday, June 7th
Rain Date: Friday June 14th
Where: Mitchell School Back Field

Dear Parents and Guardians,

Field day is quickly approaching. The date for this event is **Friday, June 7th, 2019** with the rain date scheduled for the following **Friday, June 14th, 2019**. **This year students in grades K- 2 will be out on the field from 8:40 – 12:00, while students in grades 3- 5 will be out on the field from 11:30 – 3:00.** To insure the continued success of our annual Field Day we must, as in the past, rely on the outstanding support from our parent/guardian volunteers. **Please remember that all volunteers must have had a background check processed prior to field day.** All volunteers will be assigned a station to run and supervise for the all-day event. It is imperative that volunteers show up on time for what they have signed up for. Our PTO will be providing an inflatable obstacle course, as well as a hot dog lunch and popsicles for all students as well as to those volunteers that give up their entire day to the event. If you would like to sign up for this very exciting and fun filled day please visit the following link

Please sign up for Field Day 2019!

Here's how it works in 3 easy steps:

1. Copy and paste the link below into your browser to go to our invitation page on SignUp.com:

<https://signup.com/go/vLnCFXF>

2. **Enter your email address:** (You will NOT need to register an account on SignUp.com)

3. **Sign up!** Choose your spots - SignUp.com will send you an automated confirmation and reminders.

Easy!

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

If you have any questions or concerns please contact me (203)263 – 4314 or email at hkoziol@ctreg14.org

Thank You,
Mr. Koziol

Helpful Field Day Tips

Following are some items that you may want to consider sending with your child on field day:

Towel – All students are asked to bring a beach towel to sit on during their outdoor lunch, it can also be used to dry up.



Sleep – A good night's rest the day prior to field day is essential.

Snack – A substantial healthy snack or two to provide energy for the days activities.

Sunscreen – Some field days have been very warm and sunny, and as we will be outside all day, sunscreen can be very important. All sunscreen products should be applied at home prior to arriving at school, school staff can't apply it.



Bug Spray - As with sunscreen, bug spray should be applied prior to arriving at school.

Water Bottle – Water is vital for hydration, a water bottle with the student's name on it can be convenient, as long as they are used appropriately.

Hats – Not necessary, but they are allowed.

Dry Clothes – Not necessary, but if it is warm enough, we play games where students may get quite wet, so you may want to send a spare shirt or clothing if you wish.

Proper Footwear – Sneakers are mandatory to prevent blisters from forming and to give proper support for the ankles.



Lunch – PTO will be providing students with a hot dog lunch and popsicles. Any student that does not like hot dogs or may have allergies is asked to bring a paper bag lunch.