

Question of the Week:

How Do I Pay for School Lunches?

There are two ways to pre-pay for school lunch, eliminating the need to send cash with your child on a daily basis.

Region 14 now has an on-line lunch payment service. Parents may deposit money into a student's school meal account at any time and view the account balance through a website called MyNutrikids.com. This service also gives parents the ability to print out a copy of their child's eating history with dates and times food was purchased within the past month.

To access the on-line prepayment service:

- ✓ **Step 1** – Visit the district website at www.ctreg14.org
- ✓ **Step 2** – Click on the food services link
- ✓ **Step 3** – Click on MyNutrikids.com. Once there, you will need to enter your child's name, student ID number, and school zip code. Student ID numbers are available at the school or the Food Services office at 203-263-3190

The system will then lead you through the process of depositing funds.

The other option available to you is to pay by check. Please make checks payable to Region 14 and remember to include your **child's full name** on the check. Checks should be sent to the cafeteria manager at your child's school.

If your family utilizes the school lunch program regularly, or just occasionally, please make use of the options available to you to ensure that money is available for your child to purchase lunch. By planning ahead, there should be less need to send cash to school, and your child will be confident of having money for lunch.

Finally, if your family is experiencing a financial hardship that is making it difficult for you to provide lunch for your child, you may complete a confidential application for Free or Reduced Price Meals available both on the district website and at your child's school.